



THE COWDRAY ARMS MENU

Whilst you wait – *Mixed Olives £3.50*
Bread & Oil £3.50

Starters

Korean BBQ Chicken Wings £5.95

Cooked in Butter

Bruschetta (V) £7.00

Rustic Grilled Bread (To Add Mozzarella or Prosciutto £1.00 each)

Heirloom Tomato & Mozzarella Salad £7.50

Rocket & Balsamic Dressing

Salt & Pepper Squid £8.00

Rocket & Lime Aioli

King Prawn Pil Pil £9.00

Chilli, Garlic, Olive Oil, Parsley & Crusty Bread

Whole Baked Camembert to Share £12.95

Home Baked Ciabatta & Chutney

SALADS

Niçoise £15.95

Freshly Grilled Tuna,

*New Potatoes, Green Beans, Gem Lettuce, Cherry Tomatoes,
Black Olives, Soft Boiled Egg, Vinaigrette Dressing*

Caesar Salad £10.95

Baby Gem, Anchovies, Crostini, Parmesan, Caesar Dressing

Add Chicken £3.00

PASTA

Penne Pasta £12.95

Roasted Aubergines, Black Olives, Spiced Tomato & Courgettes

Seafood Linguine Pasta £15.95

Mussels, Prawns, Squid with a Spiced Tomato Sauce

Homemade Lasagne & Garlic Bread £15.95

Beef & Smoked Lardons cooked with Red Wine & Garlic

Finished off with Three Cheeses and Smoked Paprika & Rocket Salad

P.T.O

Please be aware all our dishes are cooked fresh to order and as such during busy times food may take slightly longer to be served. Please note that some dishes may contain allergens. If you have any allergies or dietary requirements, please advise us before placing an order.

MAINS

Vegan Burger (V, VE) £12.95

Toasted Ciabatta Bun, Vegan Cheese, Gem Lettuce, Tomato, Red Onion, Burger Sauce & Sweet Potato Fries

Miso Roasted Aubergine (V, VE) £12.95

Oriental Salad, Rice Noodles, Watermelon, Cashew Nuts & Coriander

Grange Farm Cumberland Sausages £13.95

Creamed Potatoes, Green Beans, with Red Onion Gravy

Badger Beer Battered Newhaven Landed Cod £ 15.50

Chunky Chips, Mushy Peas, Home-made Tartare Sauce, & A Wedge of Lemon

8oz Cowdray Arms Sussex Beef Burger £15.50

Grange Farm Beef, Sussex Cheddar, Burger Sauce in a Brioche Bun

Accompanied with Chunky Chips

Or to upgrade to Sweet Potatoes £1.50

Add Bacon £1.50

Add Avocado £1.50

Mussels £14.95

Steamed in Garlic shallots, White Wine & Cream

Chunky Chips & Crusty Bread

Korean Chicken Burger £15.50

Buttermilk Fried Chicken Thighs, Gochujang Mayonnaise, Kimchi,

Gem Lettuce, Sweet Potato Fries

Seabass Fillets £16.95

On a Tower of Mediterranean Vegetables with a Balsamic Glaze

Lemon & Parsley Potatoes

Lamb Cutlets £21.95

Sauté Potatoes, Tenderstem Broccoli & Green Beans

Grange Farm 8oz Rib-eye Steak £24.95

Mushroom, Tomato, Rocket served with Chunky Chips

Or to upgrade to Sweet Potatoes Fries £1.50

Add King Prawns Pil Pil £4.00

Add Peppercorn Sauce, Blue Cheese or Garlic Butter £1.50 each

SIDES

Chunky Chips £3.00

Sweet Potato Fries £4.00

Garlic Bread £3.00

Mixed Leaf Salad £3.00

Tenderstem Broccoli with Soy Ginger & Garlic £3.00

Cheesy Chips £3.50

Garlic Bread with Cheese £4.00

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**THE COWDRAY ARMS CHILDREN'S MENU
FOR CHILDREN 12 YEARS & UNDER**

MAINS

Fish & Chips £9.00

Served with Baked Beans or Garden Peas

Cheeseburger & Chips £9.00

Served with Baked Beans or Garden Peas

Chicken Goujons £9.00

Served with Chips, Baked Beans or Garden Peas

Penne Pasta £9.00

Tomato Sauce & Grated Cheese

DESSERT

Chocolate Brownie

Chocolate Sauce & Vanilla Ice-cream

Ice-Cream

2 Scoops of ice-cream

Chocolate, Vanilla, Strawberry & Salted Caramel

Or 2 Scoops of Sorbet

Raspberry, Lemon & Orange

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THE COWDRAY ARMS DESSERT MENU

Ice-Cream (3 Scoops) £6.95

Vanilla, Chocolate, Salted Caramel, Honeycomb & Strawberry

Sorbet (3 Scoops) (VE) £6.95

Raspberry, Lemon or Orange

Home Baked Chocolate Brownie £6.95

Served with Salted Carmel Ice Cream

Sticky Toffee Pudding £6.95

Served with Vanilla Ice Cream

Homemade Apple & Summer Fruits Crumble £6.95

Served with Custard or Ice Cream

Eton Mess £6.95

Strawberries, Blueberries Cream & Meringue

Strawberry Trifle £6.95

Sussex Cheese Board

Our selection of Cheeses from County of Sussex

Served with Grapes, Chutney & Biscuits

three cheese £7.95

five cheese £9.95

HOT DRINKS

Hot Chocolate £2.80

Coffee Supplied by Lindfield Coffee Works £3.00

Espresso-American-Cappuccino-Latte- Flat White

Selections of Fair-trade Teas £2.50

*Red Berry- Decaf-Camomile- Assam- Peppermint- Earl Grey- Green Tea
English Breakfast*

Liqueur Hot Chocolate £6.50

Hot Chocolate mixed with Baileys, topped with Cream

Liqueur Coffees £6.50

Calypso Coffee, Irish Coffee & Baileys Coffee

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