



THE COWDRAY ARMS MENU

Served Monday to Thursday 12 to 3.30/5.30pm to 8.30pm

Friday/Saturday 12 to 8.30pm

Sunday 12 to 4pm

Whilst you wait – Mixed Olives £3.50

Bread & Oil £3.50

Starters

Bruschetta (V) £7.00

Rustic Grilled Bread (To Add Mozzarella or Prosciutto £1.00 each)

Heirloom Tomato Salad, Smoked Haddock Rarebit £7.50

Basil Dressing

Salt & Pepper Squid £8.00

Rocket & Lime Aioli

Ballotine of Ham-Hock £ 8.00

Quail Egg & Pineapple Chutney

King Prawn Pil Pil £9.00

Chilli, Garlic, Olive Oil, Parsley & Crusty Bread

Whole Baked Camembert to Share £12.95

Home Baked Ciabatta & Chutney

SALADS

Niçoise £11.95

*New Potatoes, Green Beans, Gem Lettuce, Cherry Tomatoes,
Black Olives, Soft Boiled Egg, Vinaigrette Dressing*

Add Grilled Tuna £5.00

Caesar Salad £10.95

Baby Gem, Anchovies, Crostini, Parmesan, Caesar Dressing

Add Chicken £3.00

Please be aware all our dishes are cooked fresh to order and as such during busy times food may take slightly longer to be served. Please note that some dishes may contain allergens. If you have any allergies or dietary requirements, please advise us before placing an order.

PASTA

Penne Pasta £12.95

Roasted Aubergines, Black Olives, Spiced Tomato & Courgettes

Seafood Linguine Pasta

Mussels, Prawns, Squid with a Spiced Tomato Sauce

MAINS

Vegan Burger (V, VE) £12.95

Toasted Ciabatta Bun, Vegan Cheese, Gem Lettuce, Tomato, Red Onion, Burger Sauce & Sweet Potato Fries

Miso Roasted Aubergine (V, VE) £12.95

Oriental Salad, Rice Noodles, Watermelon, Cashew Nuts & Coriander

Grange Farm Cumberland Sausages £13.95

Creamed Potatoes, Green Beans, with Red Onion Gravy

Badger Beer Battered Newhaven Landed Cod £ 15.50

Chunky Chips, Mushy Peas, Home-made Tartare Sauce, & A Wedge of Lemon

8oz Cowdray Arms Sussex Beef Burger £15.50

Grange Farm Beef, Sussex Cheddar, Burger Sauce in a Brioche Bun

Accompanied with Chunky Chips or Sweet Potato Fries

Add Bacon £1.50

Add Avocado £1.50

Korean Chicken Burger £15.50

Buttermilk Fried Chicken, Gochujang Mayonnaise, Kimchi, Gem Lettuce, Sweet Potato Fries

Dressed Crab £16.95

Mixed Salad, Chunky Chips, Crusty Bread & Curry Mayonnaise

Grange Farm 8oz Rib-eye Steak £24.95

Mushroom, Tomato, Rocket served with Chunky Chips or Sweet Potatoes

Add 3 King Prawns Pil Pil £4.00

Add Peppercorn Sauce, Blue Cheese or Garlic Butter £1.50 each

SIDES

Chunky Chips £3.00

Sweet Potato Fries £3.00

Garlic Bread £3.00

Mixed Leaf Salad £3.00

Tenderstem Broccoli with Soy Ginger & Garlic £3.00

Cheesy Chips £3.50

Garlic Bread with Cheese £4.00

Please be aware all our dishes are cooked fresh to order and as such during busy times food may take slightly longer to be served. Please note that some dishes may contain allergens. If you have any allergies or dietary requirements, please advise us before placing an order.



THE COWDRAY ARMS CHILDREN'S MENU FOR CHILDREN 12 YEARS & UNDER

MAINS

Fish & Chips £9.00

Served with Baked Beans or Garden Peas

Cheeseburger & Chips £9.00

Served with Baked Beans or Garden Peas

Chicken Goujons £9.00

Served with Chips, Baked Beans or Garden Peas

Penne Pasta £9.00

Tomato Sauce & Grated Cheese

DESSERT

Chocolate Brownie

Chocolate Sauce & Vanilla Ice-cream

Ice-Cream

2 Scoops of ice-cream

Chocolate, Vanilla, Strawberry & Salted Caramel

Or 2 Scoops of Sorbet

Raspberry, Lemon & Orange



Please be aware all our dishes are cooked fresh to order and as such during busy times food may take slightly longer to be served. Please note that some dishes may contain allergens. If you have any allergies or dietary requirements, please advise us before placing an order.

THE COWDRAY ARMS DESSERT MENU

Ice-Cream (3 Scoops) £6.95

Vanilla, Chocolate, Salted Caramel, Honeycomb & Strawberry

Sorbet (3 Scoops) (VE) £6.95

Raspberry, Lemon or Orange

Raspberry Mess Cheesecake £6.95

Raspberry Meringue with Raspberry Sorbet

Home Baked Chocolate Brownie £6.95

Served with Salted Carmel Ice Cream

Homemade Crumble of the Day £6.95

Served with Custard or Ice Cream

Sussex Cheese Board

Our selection of Cheeses from County of Sussex

Served with Grapes, Chutney & Biscuits

three cheese £7.95

five cheese £9.95

HOT DRINKS

Hot Chocolate £2.80

Coffee Supplied by Lindfield Coffee Works £3.00

Espresso-American-Cappuccino-Latte- Flat White

Selections of Fair-trade Teas £2.50

Red Berry- Decaf-Camomile- Assam- Peppermint- Earl Grey- Green Tea

English Breakfast

Liqueur Hot Chocolate £6.50

Hot Chocolate mixed with Baileys, topped with Cream

Liqueur Coffees £6.50

Calypso Coffee, Irish Coffee & Baileys Coffee

Please be aware all our dishes are cooked fresh to order and as such during busy times food may take slightly longer to be served. Please note that some dishes may contain allergens. If you have any allergies or dietary requirements, please advise us before placing an order.